TEXSTAR ATHLETICS
Power Tumbling & Trampoline Team
2022-2023

Power Tumbling & Trampoline is a competitive program designed to teach the sports of Tumbling & Trampoline to athletes in a safe and positive environment. Strength, Flexibility, Agility, and Self –confidence are our goals.
We offer this program for beginner levels –advanced levels.
If your child likes to Roll, Flip, and Twist, This Program is for You!
Program runs from June—May.
Athletes are required to attend the full season once they are placed on a team.
Practices for our new teams will begin the first week of June.
(Except for National Qualifier's will continue through Nationals)
We do allow make-ups for Summer classes.
(We want you to be able to go on vacations, camps and stay with Grand parents)
We will have a Parent's Meeting to go over each programs and all of the details.
More information to come.

PRE TEAM VS TRAVEL TEAM

Pre Team:
Our gym hosts 4 In Gym Meets each season for Pre Team. These Meets are themed and fun, but the athletes are still scored and placed in their flight and given medals.
This is a great step into Power Tumbling and Trampoline.

Travel Team:
Our Travel Team has longer practice times, and will travel to different locations to compete against different gyms within their age group and level. Travel team will attend 6-7 meets and all meets are mandatory. Athletes must have a back handspring to try out for Travel Team.

POWER TUMBLING & TRAMPOLINE PRE TEAM

Pre Team Power Tumbling & Trampoline is for athletes 4 years of age and older. It is designed to give children a taste of competition in our own facility.
This program is designed to be a stepping stone into our Travel Program.
Athletes will compete in Tumbling (Floor) and Trampoline.

ALL MEETS ARE THEMED AND AT TEXSTAR
Ages 4+ Girls and Boys

TIME COMMITMENT

-Two 1 hour classes per week
Classes will either be Mondays & Wednesdays or Tuesdays & Thursdays

-4 In Gym Meets
All Meets are mandatory

FINANCIAL COMMITMENT

TUITION

$152 per month
If you would like to pay tuition in full for the season there is a 10% discount: $1,641. Due by June 1st.

MEET FEES

$90 due by October 1st
Must be paid in full

OTHER FEES

Annual Registration Fee: $35

Two Leotards/Practice Outfits: $75- $100 each

Trampoline Shoes: $35

Warmups: Optional

Backpack: Optional

*Prices are subject to change

Meet Name	Cost	Month
Charli's Candyland Classic	$30 Toy Donation	December
Winter Wonderland	$30	January
Spring Fest	$30	March
TexStar Showdown	$30	April

POWER TUMBLING & TRAMPOLINE TRAVEL TEAM

Power Tumbling & Trampoline Travel Team is for athletes 5 years of age and older. This is for athletes with a back handspring through advanced skills. Travel Team Competes Locally and also travels to out of town competitions. They will compete in Tumbling (Floor), Trampoline, & Double Mini.
Ages 5+ Girls and Boys

TIME COMMITMENT

Back Handspring-Back Tucks	1.5 Hour Classes	Twice per Week
Whips- Full Twisting	2.0 Hour Classes	Twice per Week
Double Twisting & Up	2.5 Hour Classes	Twice per Week

1 Hour Open Gym Working is included in Tuition each week for Travel Team
Fridays 6:00-7:00pm
We will have 6-7 Meets per season. All Meets are mandatory to be on Travel Team.

FINANCIAL COMMITMENT

TUITION

1.5 Hour Classes $170 per month
2 Hour Classes $190 per month
2.5 Hour Classes $210 per month

If you would like to pay tuition in full for the season there is a 10% discount. Due by June 1st.
1.5 Hour Classes: $1,836
2 Hour Classes: $2,052
2.5 Hour Classes: $2,268

MEET FEES

These are the entry fees charged to register your child for each meet.
Can be paid for in full or divided out over 6 months.
Total: $578 up front or $105 per month September-February

OTHER FEES

Annual Registration Fee: $35
USAG Membership- $63
Coaches Travel Fee: $10 per meet (Included in Meet Fees)
Coaches Travel Fee for Nationals: $60 per athlete (Not Included in Meet Fees)
Two Leotards/Practice Outfits: $75- $100 each
Competition Leotard- $300-$350
Trampoline Shoes: $35
Warmups: Optional (Nationals 5 & up Mandatory)
Backpack: Optional (Nationals 5 & up Mandatory)
*Prices are subject to change

Meet Name	Location	Month
Charli's Candyland Classic	TexStar Gym	December
Operation Flip	Lubbock Civic Center	January
Extreme Winter Classic	Levelland	February
Flip Flop Fest	Midland	March
STTA State	Amarillo	March/April
Regionals	Fort Worth	April/May
Nationals	TBA	June/July

General Meet Schedule (Subject to change)

Power Tumbling & Trampoline Demerit System:

Our goal is to keep our Power T&T Program running as smooth and successfully as possible!
For this to happen, we have to have guidelines in place.
This program is a huge commitment, and when there are people not taking that commitment seriously, it affects the whole program in a negative way.
We are going to do our best to keep that to a minimum this season.

This year we are starting a new Demerit system to try and keep our teams on track.

Each athlete/parent will be allowed 3 demerits for the season.
Once those 3 demerits have been issued, it will be time to go our separate ways.
(In other words, they will be removed from team, but still in contract for the season)

Please think long and hard about if this is a time and financial commitment that your family can make before attending evaluations.

If any of the following guidelines are not followed, a demerit will be issued:

-Not attending a Meet (without a valid reason approved by Dawn)
-Having 5 or more unexcused absences from September-May
(Excused absences include Illness, School Functions, Family Emergencies)
-Not reading the posts/messages on the Band App
-Not attending the Mandatory Parents Meeting
-Not reading the Information Packet before signing up
-Not following the guidelines on who to contact and using proper Band Etiquette
-Athletes wearing jewelry to meets
-Being unkind/disrespectful to TexStar Staff or other Team Members.

These guidelines are in place to help your child to have a successful season!

TexStar Power Tumbling & Trampoline Team Rules & Regulations 2022-2023

This copy must be notarized and brought to Tryouts.
If contract is not signed, your child will not be able to participate in Tryouts.
We will have a notary present. You must present a valid driver's license in order to get notarized at Tryouts.
INITIAL NEXT TO EACH STATEMENT

___1. Team members must attend ALL meets unless it is an emergency.

___2. All meet fees will be paid for either up front or in 6 payments (Monthly September- February) Meets not attending will not be refunded.

___3. All parents and athletes must read and agree to the Demerit System. If 3+ Demerits are issued, the athlete will be removed from team and the parent/guardian will still be financially responsible and in contract for the remainder of the season.

___4. Athletes are required to commit to the full year of Power Tumbling & Trampoline. Quitting or being removed from your team will require full payment of remaining tuition and fees. If financial agreement is not met, you will be required to return your uniform to TexStar, and remainder of the balance will be sent to collections. Season will be June-May. If your child becomes injured during your 12-month contract, you will forfeit all funds that have been paid already to TexStar. Athletes/Guardians are responsible for all fees, tuition, uniform costs, and any other financial obligations listed in the packet through the end of the season. If fees are not paid on time, they will be drafted from your bank account..

___5. All Athletes and Parents are expected to represent TexStar in a respectful and positive manner at all meets and practices.

___6. All TexStar members will be respectful and kind to one another. If we have a situation with a parent or athlete being unkind or disrespectful to another athlete, parent, or TexStar staff member, the family will be asked to leave our program without any refunds or credits towards their account.

___7. There is a mandatory coaches travel fee for all Travel Meets.

___8. Once our schedule is set, we cannot work around future sports for your child's day and time. The schedule will be set for the season.

___9. Parents will be responsible each meet for signing up for items to bring for Goody Bags & to sign up to bring items for Christmas Parties.

___10. All payments for Uniforms, practice wear, warmups, backpack, etc must be paid for by the deadline in order to be ordered. If not, a rush delivery fee will be added.

___11. All Travel Team Members must have a current USAG membership.

____12. Athletes and/or parents are responsible for keeping up with schedules/updates via band app and email. Be sure to learn to use the Band App as this is where all information will be posted.

____13. Attendance of Parent's Meetings is mandatory.

____14. Team members must set up automatic withdraw for tuition and financial obligations. Tuition will be drafted the 1st of the month through May of 2023.

____15. The TexStar Name/Logo/Team Names cannot be used on personally made merchandise. All requests for TexStar merchandise must go through the Bluebonnet Gift Shop.

Athlete's name (print): _____ Date: _____

Parent Signature: _____ Date: _____

Athlete's Signature: _____ Date: _____

Notary Signature: _____ Date: _____

READY TO JOIN?

Anyone wanting to join Power Tumbling & Trampoline Pre Team or Travel Team must attend evaluations/tryouts and fill out paperwork online.
All athletes must bring a signed and notarized contract to evaluations.

Parents Meetings (Choose 1)
We will go over the information packet and give an overview of what to expect for the season. This is a great time to meet us and we can answer any questions you might have.
May 18th
Pre Team 5:30-6:30
Travel Team 6:30-7:30

May 19th
Travel Team 5:30-6:30
Pre Team 6:30-7:30

Pre Team Evaluations
The tryout process for Pre Team is for our staff to see what skills your child has and how well they listen/follow instructions. A child's ability to listen and to be coached will be the main factor we will be looking at during evaluations. We can teach your child the skills if they have the passion and determination to learn. They will then be split up into groups based on age and level.

Choose one day & Sign up through online Tryout Packet
May 21st 10:00-11:30am
May 21st 11:30-1:00
May 22nd 1:00-2:30pm
May 22nd 2:30-4:00pm

If you are wanting to join Pre Team:
-Fill out the Mandatory Information form online
TexStarLubbock.com/powerteamtryouts
-Bring your signed and notarized contract to Evaluations.

Travel Team Tryouts
Anyone wanting to join Travel Team must try out for a position on the team. This team is for athletes who are extremely dedicated and hard working. They will be evaluated at Tryouts based on Skill level, attitude, commitment level, and experience. If an athlete does not make our Travel Team, they will have the option of joining Pre Team or a Recreational Class and their contract will be voided. Athletes must have a back handspring to try out.

If you are wanting to Try Out for Travel Team:
-Fill out the Mandatory Information form online
TexStarLubbock.com/powerteamtryouts
-Bring your signed and notarized contract to Tryouts.

Choose one day & Sign up through Online Tryout Packet
May 21st 1:00-2:30
May 21st 2:30-4:00
May 21st 4:00-5:30
May 22nd 4:00-5:30

Team placements will be sent out May 30th with summer practice schedule
Summer practices will start June 6th